Inferring the Subduction Rate and Period over the North Atlantic

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ABSTRACT

The annual rate at which mixed-layer fluid is transferred into the permanent thermocline—that is, the annual subduction rate $S_{\text{ann}}$ and the effective subduction period $T_{\text{eff}}$—is inferred from climatological data in the North Atlantic. From its kinematic definition, $S_{\text{ann}}$ is obtained by summing the vertical velocity at the base of the winter mixed layer with the lateral induction of fluid through the sloping base of the winter mixed layer. Geostrophic velocity fields, computed from the Levitus climatology assuming a level of no motion at 2.5 km, are used; the vertical velocity at the base of the mixed layer is deduced from observed surface Ekman pumping velocities and linear vorticity balance. A plausible pattern of $S_{\text{ann}}$ is obtained with subduction rates over the subtropical gyre approaching 100 m/syr—twice the maximum rate of Ekman pumping.

The subduction period $T_{\text{eff}}$ is found by viewing subduction as a transformation process converting mixed-layer fluid into stratified thermocline fluid. The effective period is that period of time during the shallowing of the mixed layer in which sufficient buoyancy is delivered to permit irreversible transfer of fluid into the main thermocline at the rate $S_{\text{ann}}$. Typically $T_{\text{eff}}$ is found to be 1 to 2 months over the major part of the subtropical gyre, rising to 4 months in the tropics.

Finally, the heat budget of a column of fluid, extending from the surface down to the base of the seasonal thermocline, is presented in terms of the time required for the mixed layer to subduct. The seasonal cycle of the mixed layer results from the interplay of Ekman pumping and the seasonal cycle of the mixed layer, the latter being the net warming of the mixed layer during the annual cycle. Under the action of mechanical and buoyancy forcing the mixed layer seasonally shallows and deepens. However, it is only fluid leaving the mixed layer when it is deep during winter and spring that irreversibly enters the permanent thermocline; fluid subducted from the summer mixed layer is generally re-entrained as the mixed layer deepens following the winter—Stommel’s (1979) “mixed-layer demon.” This biases (Iselin 1939) the $T-S$ properties of the main thermocline toward those of the deep winter mixed layers.

In the present contribution we attempt to diagnose the annual rate at which fluid passes between the mixed layer and the main (permanent) thermocline $S_{\text{ann}}$ from climatological data over the North Atlantic. In section 2, a “kinematic” method is used to calculate $S_{\text{ann}}$ by evaluating the yearly volume flux across the fixed Eulerian surface defined by the base of the mixed layer at the end of winter. We employ the Ekman pumping method.

1. Introduction

Traditionally Ekman pumping has been viewed as setting the rate at which surface waters are transferred down into the thermocline. However, although fluid is pumped down from the shallow, surface Ekman layer into the mixed layer beneath, it is flow through the spatially and temporally varying base of the mixed layer that actually ventilates the thermocline, as indicated schematically in Fig. 1. Recent tracer studies by Sarmento (1983) and Jenkins (1987) suggest the ventilation rate in the North Atlantic is two to three times greater than can be accounted for by Ekman pumping alone; lateral induction of fluid across the sloping base of the mixed layer must also make an important contribution (Woods 1985).

The properties of the main thermocline are controlled by the annual subduction rate since it is this flux that ventilates the permanent thermocline. The ventilation mechanism however is intimately related to, and crucially controlled by, the seasonal cycle of the mixed layer. Under the action of mechanical and buoyancy forcing the mixed layer seasonally shallows and deepens. However, it is only fluid leaving the mixed layer when it is deep during winter and spring that irreversibly enters the permanent thermocline; fluid subducted from the summer mixed layer is generally re-entrained as the mixed layer deepens following the winter—Stommel’s (1979) “mixed-layer demon.” This biases (Iselin 1939) the $T-S$ properties of the main thermocline toward those of the deep winter mixed layers.

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2. A kinematic estimate of subduction

\textit{a. Definitions of subduction rate}

The instantaneous subduction rate $S$ has been precisely defined as the downward velocity of a parcel of fluid (following the horizontal motion of the parcel) relative to the base of the mixed layer—see Cushman–Roisin (1987), NM, and Fig. 2:

\begin{equation}
S = -\frac{\partial h}{\partial t} - \mathbf{u}_b \cdot \nabla h - w_b,
\end{equation}

where $h$ is the thickness of the mixed layer, $\mathbf{u}_b$ is the horizontal velocity of the particle at the base of the mixed layer, $w_b$ is its vertical velocity, and $t$ is time. In the presence of any discontinuity, we take $\mathbf{u}_b$ and $w_b$ to be the velocities on the thermocline side of the mixed-layer base.

The quantity $S$ is the volume per unit horizontal area per unit time at which thermocline water is created from mixed-layer water; it is the volume flux across the moving mixed-layer base. It comprises the temporal mixed-layer term $\partial h/\partial t$, a term representing lateral induction of fluid through the sloping mixed-layer $\mathbf{u}_b \cdot \nabla h$, and the vertical velocity $w_b$ at the base of the mixed layer.

This definition of $S(t)$ does not necessarily involve any physical transfer of fluid between the mixed layer and the permanent thermocline. For example, consider an idealized ocean at rest into which a mixed layer deepens and shallows with the seasonal cycle; see Fig. 3a. In this case, $S$ reduces to

\begin{equation}
S(t) = -\frac{\partial h}{\partial t}.
\end{equation}

Particles of fluid, although not themselves moving, find themselves either in the mixed layer or the seasonal thermocline merely because of the cycling up and down of the mixed layer. In this limit, there is no net transfer of fluid into the permanent thermocline beneath.

\begin{figure}[h]
\centering
\includegraphics[width=0.5\textwidth]{Fig. 2}
\caption{A schematic diagram showing a particle being subducted from the time-varying base of the mixed layer into the thermocline. The vertical distance between the particle and the mixed layer, $S(t)\Delta t$, is the sum of the vertical displacement of the particle, $-w_b\Delta t$, and the shallowing of the mixed layer following the particle, $-(\partial h/\partial t)\Delta t$.}
\end{figure}
tically if there is no systematic long-term change in mixed-layer properties. In contrast, the vertical velocity and lateral induction terms, although an order of magnitude smaller (typically reaching values of $50 \text{ m yr}^{-1}$), result in a systematic transfer of fluid particles between the mixed layer and the permanent thermocline. It is this annual subduction rate across the base of the winter mixed layer that is the focus of attention in our diagnostic study.

b. Diagnosing the annual subduction from hydrographic data

Only fluid subducted from the mixed layer during the effective subduction period, late winter to early spring, penetrates into the main thermocline. Outside

In reality, the seasonal cycle of warming and cooling leads to a deep winter mixed layer, particularly over the subpolar gyre and the northern flank of the subtropical gyre, where it may be hundreds of meters thick (Fig. 4a). The layer shallows in spring and summer to a nearly uniform thickness of typically 30 m. Thus the instantaneous $S$ defined in (1) is dominated over most of the subtropical and the entire subpolar gyre by the temporal change in the mixed-layer depth, which typically shallows by $100 \text{ m/mo}$ in spring and deepens by $50 \text{ m/mo}$ in autumn and winter. But, over the course of a year, the temporal term must again vanish iden-

Fig. 3. A schematic mixed-layer cycle in a Lagrangian frame, in which the water column experiences (a) no surface heating or Ekman pumping, (b) only surface heating, (c) only Ekman pumping. The mixed-layer depth (full line) and subducted isotherms (dashed lines) are shown. Fluid is subducted into the permanent thermocline during the effective subduction period between the end of winter $W_1$ and a later time $S_1$, which is defined as when the mixed layer has the same temperature $T_s$ as at the end of the second winter $W_2$. Outside this period, any fluid subducted into the seasonal thermocline is reentrained during the following winter as the mixed layer deepens.

Fig. 4. (a) March mixed-layer depth $H$ (m) from the Levitus (1982) climatology (smoothed to remove fine scales), (b) dynamic height field (m) at 250 m relative to 2500 m derived by integrating the thermal wind equations with the Levitus (1982) climatology.
this period, fluid is temporarily subducted from the shallow summer mixed layer into the seasonal thermocline and is eventually reentrained by the deepening winter mixed layer. All the fluid within the seasonal thermocline and above the winter mixed-layer base, \( z = -H \), can thus be considered to have been in recent contact with the atmosphere. The annual subduction \( S_{ann} \) into the permanent thermocline is identified with the annual volume flux across this interface \( z = -H \) (assuming that the temporal term is identically zero with no interannual variability)\(^1\):

\[
S_{ann} = -\bar{w}_H \mathbf{u}_H \cdot \nabla H.
\]  

(2)

Here the overbar denotes an annual mean and the subscript \( H \) denotes the velocity at the depth \( H \).

The vertical velocity at \( z = -H \) may be related to the Ekman pumping using linear vorticity balance, \( \bar{w}_H = \bar{w}_{Ek} - (\beta/f) \int_{-H}^{0} \bar{v} \, dz \), where \( f \) is the planetary vorticity and \( \beta \) is its gradient, enabling (2) to be written as

\[
S_{ann} = -\bar{w}_{Ek} + \frac{\beta}{f} \int_{-H}^{0} \bar{v} \, dz - \mathbf{u}_H \cdot \nabla H.
\]  

(3)

Thus \( S_{ann} \) can be enhanced relative to Ekman pumping by the lateral transfer of fluid out of the winter mixed layer, but is reduced by the meridional transport within the mixed layer.

In our kinematic method \( S_{ann} \) is computed from (3) over the North Atlantic using:

(i) The March mixed-layer depth \( H \) from the Levitus hydrography (Fig. 4a), defined as the depth at which \( \sigma_\theta \) differs by 0.125 from the surface \( \sigma_\theta \).

(ii) The velocity at the base of the winter mixed layer \( \mathbf{u}_H \) obtained by integrating the thermal wind equations from a level of no motion chosen to be at 2500 m or (if it is shallower) the seafloor. Levitus winter climatology is used above 1500 m and the annual climatology below 1500 m. The resulting dynamic height field at 250 m is shown in Fig. 4b.

(iii) The annual-mean Ekman vertical velocity from the Isenber and Hasse climatology (Fig. 5a).

The March mixed-layer depth, Fig. 4a, shows a generally poleward deepening reaching down to depths of 500 m or more in the northeast Atlantic. A deep tongue \( \geq 200 \) m sweeps southwestward into the subtropical gyre. On the southern flank of the subtropical gyre the mixed layer shallows to less than 50 m at 10°N. The dynamic height, Fig. 4b, clearly reveals the seaward extension of the Gulf Stream carrying fluid to supply the gyres, with anticyclonic and cyclonic flows in the subtropical and subpolar gyre, respectively. There is evidence of a Gulf Stream recirculation, but the major part of the flow sweeps southward and northward at 45°W to supply the gyre interiors.

The vertical velocity at the base of the winter mixed layer is generally smaller in magnitude than the Ekman pumping (Fig. 5b). However, there is a substantial lateral flux of fluid into the main thermocline (Fig. 5c), which usually dominates over the vertical flux.

The resulting \( S_{ann} \) field (Fig. 5d) typically reaches 50–100 m yr\(^{-1} \) in the subtropical gyre and is enhanced over the local Ekman pumping of typically 25–50 m yr\(^{-1} \).

The surface buoyancy loss along the Gulf Stream deepens the mixed layer along its track and results in large entrainment rates of up to 300 m yr\(^{-1} \) due to the lateral transfer of fluid from the thermocline into the mixed layer (Fig. 5c,d). On the southern and western flanks of the Gulf Stream recirculation, the mixed layer shoals leading to a band of high subduction rates of 100 m yr\(^{-1} \). In the subpolar gyre, the entrainment rate reaches 100 to 300 m yr\(^{-1} \) and is dominated by the horizontal advection of fluid into the winter mixed layer. This is significantly larger than the local Ekman suction of 50 m yr\(^{-1} \).

Our climatological estimate of \( S_{ann} \) is subject to substantial error; assuming the errors in \( w_H \) and \( \mathbf{u}_H \cdot \nabla H \) are 40% of their absolute values, then the error in \( S_{ann} \) is typically \( \pm 15 \) m yr\(^{-1} \) in the interior of the gyre or \( \sim 30\% \) of the absolute value. While \( S_{ann} \) depends on the dynamic height and mixed-layer depth fields, the zero line in the \( S_{ann} \) field appears to roughly track the zero Ekman pumping line separating the gyres. The estimate of \( S_{ann} \) in the interior of the subtropical gyre is in accord with estimates of 80 ± 10 m yr\(^{-1} \) by Jenkins (1987) using tritium-age observations at the beta-triangle site (centered at 27.5°N, 33.5°W) and the 60–80 m yr\(^{-1} \) found in a steady thermocline model of the subtropical gyre with a winter mixed layer by Williams (1991).

Our estimates of \( S_{ann} \) cannot be directly compared with the water-mass formation rates deduced by Speer and Tziperman (1992). They estimate the rate at which water masses are formed in a particular density range at the sea surface integrated across the basin. This flux need not be transferred into the permanent thermocline but may instead pass into the mixed layer and seasonal thermocline. Indeed, water mass formation rates and subduction rates may locally even have the opposite sign; for instance, Speer and Tziperman show that there is substantial water mass formation at the sea surface over the subpolar gyre, whereas \( S_{ann} \) is generally negative there with entrainment into the mixed layer from the main thermocline.

The properties carried by the flux \( S_{ann} \) are thought to be a highly biased mean of the annual cycle because of the nature of the mixed-layer cycle. In the next section, we diagnose the period over which irreversible transfer of properties into the thermocline occurs.

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\(^1\) Alternatively, from a Lagrangian perspective, in which a column of mixed-layer fluid is followed (see section 4 and Fig. 3b,c), \( S_{ann} \) is given by the Lagrangian change in mixed-layer depth over the year added to the vertical velocity at the base of the mixed layer.
3. The subduction period

We now attempt to diagnose the subduction period $\tau_{\text{eff}}$ making use of the thermodynamic budget of the mixed layer. To explain our method we link the kinetic definition of $S$ to the thermodynamic forcing of the mixed layer.

a. Buoyancy forcing and the instantaneous subduction rate

The instantaneous subduction rate can, as shown in NM, be related to the buoyancy forcing of the mixed layer by making use of the thermodynamic equation for the mixed layer.

As long as the density and potential vorticity of a parcel of fluid are conserved once it is subducted into the thermocline and density is continuous at the base of the mixed layer (as in Fig. 1), the large-scale potential vorticity

$$ Q_b = \left. \frac{f \rho \partial \rho}{\partial z} \right|_{z=-h} $$

of the fluid being subducted into the thermocline may be related to the mixed-layer thickness $h$ and density $\rho_m$ through the purely kinematic relation (see Cushman–Roisin 1987; Williams 1989)

$$ Q_b = -\frac{f D_{\rho m}}{\bar{\rho} S}. $$

Here $D_{\rho m}/Dt = (\partial/\partial t) + \mathbf{u}_b \cdot \nabla$ is the material derivative following the geostrophic flow just below the base of
the mixed layer; when there is no density jump at the base of the mixed layer, \( u_s \) is continuous and equal to the \textit{geostrophic} velocity just above the base of the mixed layer.

By thermal wind, that component of the geostrophic flow within the mixed layer that is \textit{parallel} to \( \nabla \rho_m \) is independent of depth. Hence, the material derivative of density following the geostrophic flow, \( D_t \rho_m / D t \), is also uniform throughout the mixed layer, allowing the thermodynamic equation for the mixed layer to be expressed as

\[
\frac{D_t \rho_m}{D t} = - \frac{\mathcal{B}_{\text{net}}}{g h}, \tag{5}
\]

where \( \mathcal{B}_{\text{net}} \) is defined as the "net" buoyancy flux

\[
\mathcal{B}_{\text{net}} = \frac{g \alpha}{C_w} \mathcal{K}_{\text{in}} - g \beta \mathcal{S}_{\text{in}} - \mathcal{B}_{\text{Ek}}. \tag{6}
\]

This is made up of:

(i) The surface heat flux \( \mathcal{K}_{\text{in}} \); here \( \alpha \) is the thermal expansion coefficient and \( C_w \) the heat capacity of water.

(ii) The surface salt flux \( \mathcal{S}_{\text{in}} = \rho \mathcal{S}_m (E - P) \); here \( \mathcal{S}_m \) is the mixed-layer salinity, \( \beta \), the haline contraction coefficient, and \( E \) and \( P \) the evaporation and precipitation rates, respectively.

(iii) The buoyancy flux acquired by the Ekman drift

\[
\mathcal{B}_{\text{Ek}} = \frac{g}{\rho} \mathbf{k} \times \mathbf{r} \cdot \nabla \rho_m. \tag{7}
\]

Here, \( \mathbf{r} \) is the wind-stress, \( g \) is the gravitational acceleration, and \( \mathbf{k} \) the unit vertical vector.

By combining the kinematic relations (1) and (4) with the buoyancy balance of the mixed layer (5), NM showed that \( S \) can be related to the net buoyancy flux, the mixed-layer thickness, and the potential vorticity at the base of the mixed layer, thus:

\[
S = \frac{f \mathcal{B}_{\text{net}}}{g \rho h Q_b} = - \mathcal{B}_{\text{net}} \left( - \frac{g h \rho}{\partial z} \right)_b. \tag{8}
\]

This relation (8) can be generalized to allow buoyancy forcing on both sides of the mixed-layer base. If \( Q \) is discontinuous across the base of the mixed layer but density is continuous, it can be shown that the volume flux across the base of the mixed layer [see Eq. (32), Marshall and Nurser 1992]

\[
S = u \cdot n - \frac{[B \omega \cdot n]}{g \rho Q},
\]

where \( u \) is the velocity and \( n \) is the normal vector to the surface. Here, \( \sigma \) is the potential density, \( \omega \) is the potential vorticity, \( B = -g \sigma \partial \sigma / D t \) is the buoyancy forcing, and \( Q = -\sigma \omega \cdot \nabla \sigma \) is the full Ertel potential vorticity. Square brackets [ ] denote the change in the enclosed quantity across the surface. We recover (8) if we assume that buoyancy forcing is confined within the mixed layer and vanishes in the thermocline, and \( Q_b > Q_{\text{mix}} \) (the potential vorticity in the mixed layer). The approximate expression (8) is used here in order to permit diagnostic progress to be made with the climatological data.

The sign of \( S \) takes on the sign of the buoyancy flux through the sea surface less the advection by the Ekman drift. Furthermore the magnitude of \( S \) depends on \( \mathcal{B}_{\text{net}} / h Q_b \), and so is dependent on the strength of buoyancy forcing and, crucially, on the depth and stratification at the base of the mixed layer. A moderate \( \mathcal{B}_{\text{net}} \) equivalent to 20 W m\(^{-2}\) acting on a mixed layer of \( h \sim 100 \) m, at whose base the stratification is 3 kg m\(^{-3}\)/km (equivalent to \( Q_b = 3 \times 10^{-10} \) m\(^{-1}\) s\(^{-1}\) if \( f = 10^{-4} \) s\(^{-1}\)) can drive a substantial flux of \( S \sim 100 \) m yr\(^{-1}\). Note that \( S \) does not depend explicitly on the Ekman pumping field and can even have the opposite sign to \( w_{\text{Ek}} \); this is strikingly evident in some of the pedagogical examples given in NM.

The quantities of climatic importance are the annual subduction rate \( S_{\text{ann}} \) and the interval of time over which the subduction occurs \( T_{\text{eff}} \) because it sets the properties of the permanent thermocline. We wish to diagnose the subduction period by using the subduction relation (8) and our knowledge of the seasonal mixed-layer cycle. However, before we proceed further, the assumptions that underpin the subduction relation (8) should be clearly stated:

(i) Density is continuous at the base of the mixed layer. Without this the kinematic relation (4) is not valid. Furthermore "entrainment fluxes" through the base of the mixed layer become important when there is mixed-layer deepening and should be included as an extra term in the thermodynamic equation (5).

(ii) The thermocline is adiabatic and inviscid.

These are both reasonable assumptions in the mid-latitude oceans during the winter to spring period when fluid is subducted into the \textit{permanent} thermocline.

\textit{b. The effective subduction period}

The seasonal cycle of warming and cooling leads to a deep winter mixed layer, particularly over the subpolar gyre and the northern flank of the subtropical gyre (Fig. 4a), which shallows in spring and summer to a nearly uniform thickness. The annual subduction is controlled by this regional variation in the seasonal cycle of the mixed layer; this is illustrated in the idealized models of FP, Woods, Cushman–Roisin (1987), and Woods and Barkmann (1988).

A period of effective subduction can be defined when fluid passes irreversibly into the permanent thermocline (Fig. 3b,c); \( S_{\text{ann}} \) is then given by the integrated subduction through the base of the mixed layer during this period from the end of winter \( W_1 \) to the time \( S_1 \):

\[
S_{\text{ann}} = \frac{1}{T_{\text{year}}} \int_{W_1}^{S_1} S(t) dt. \tag{9}
\]

Here, \( T_{\text{year}} \) is one year, and the instantaneous subduction \( S(t) \) may be defined by the kinematic relation (1) or during mixed-layer shallowing by the subduction relation (8).
Property distributions in the main thermocline suggest that the effective period is in the spring (Iselin 1939) when the mixed layer begins to warm and rapidly shallow from its deep winter maximum. Outside this effective period, fluid is subducted from the mixed layer into the seasonal thermocline and is subsequently reentrained into the deepening mixed layer during the following winter (Fig. 3b,c).

c. Diagnosing the subduction period from climatological data

We now deduce the subduction period by combining our kinematic estimate of $S_{\text{ann}}$ in (9) with an estimate of the instantaneous $S(t)$ using the buoyancy forcing relation (8):

$$S_{\text{ann}} = \frac{1}{T_{\text{year}} g} \int_{t_0}^{t_f} B_{\text{net}} h \rho_b dt,$$

(10a)

where the net buoyancy flux is given by

$$B_{\text{net}} = \frac{g \alpha}{C_w} \mathcal{J} \mathcal{J} - g \beta \rho_s S_{\text{in}} - B_{\text{Ek}}.$$  

(10b)

The instantaneous subduction is estimated using observed monthly values of the net buoyancy flux $B_{\text{net}}$, mixed-layer depth $h$, and potential vorticity at the base of the mixed-layer $Q_b$. The net buoyancy flux is calculated, as described in more detail in section 5a, from the surface heat flux of Ismer and Hasse (1987), the water flux of Schmitt et al. (1989), and the Ekman flux derived from the wind stress of Ismer and Hasse and the surface density of Levitus (1982). The mixed-layer depth and stratification are calculated from the monthly density fields derived from the Levitus monthly temperature and seasonal salinity fields.

The integration of $S(t)$ over the subduction period in (10) should be made in a Lagrangian frame, in which one follows a column of fluid as it is swept around the gyre. Here, however, for convenience, we choose to integrate $S(t)$ using Eulerian values of $B_{\text{net}}$, $h$, and $Q_b$. This is a reasonable assumption if the subduction period lasts only a few months (as is the case over the major part of the subtropical gyre).

The effective subduction into the main thermocline starts when the mixed layer first starts shallowing at the onset of buoyancy forcing in the spring. We define this starting time $W_1$ to be when $B_{\text{net}}$ changes sign; it ranges from January to February in the subtropics and from March to April in the subtropical gyre. In entrainment regions, $W_1$ is the time when the effect of entrainment from the main thermocline into the mixed layer/seasonal boundary layer finally ceases; it ranges from March to April over the subpolar gyre and until May over the Gulf Stream.

The effective subduction period $T_{\text{eff}}$ as deduced from (10), is shown in Fig. 6. It endures for 1 to 2 months over most of the subtropical gyre. It is somewhat longer, 3 or 4 months, in the subpolar gyres where the mixed layer is shallower and its depth cycle is less pronounced, and so fluid is pumped directly from the summer mixed layer into the main thermocline. However, in regions where the subduction period extends into the summer, our estimate should be regarded as a lower bound, since we do not incorporate possible fluxes of heat out of the base of the mixed layer by either entrainment fluxes or the penetration of solar radiation.

In the subpolar gyre, fluid is irreversibly entrained from the main thermocline into the mixed layer/seasonal boundary layer over an effective period of 2 to 4 months before the end of winter (denoted by negative values in Fig. 6).

The effective subduction period is a direct measure of Stommel’s “mixed-layer demon” (1979) idea that fluid being subducted into the main thermocline carries with it the end of winter mixed-layer characteristics. We expect the main thermocline to have property distributions that match the mixed-layer fields during this effective period, rather than the annual-mean mixed-layer properties. The data indeed suggests that properties of the main thermocline in the subtropical gyre are highly biased toward the end of winter mixed-layer properties (Iselin 1939); for instance, in the interior of the subtropical gyre, the potential vorticity of the main thermocline closely matches the winter mixed-layer boundary conditions, rather than the summer conditions (Williams 1991).

An interesting aspect of the subduction relation (10) is the modulating role of the stratification at the base of the seasonal mixed layer; examples are given in NM. Figure 7 shows the $Q_b$ field in March (a) and June (b). In March, when subduction starts, we see very weak
It can be diagnosed from the monthly values of the net buoyancy flux (10b) occurring over the effective subduction period. For clarity, we discuss the buoyancy forcing in terms of an equivalent heat flux by defining

$$\mathcal{H}_\text{sub} = \frac{1}{T_{\text{year}}} \int_{W_1}^{S_1} \mathcal{B}_\text{net}(t) \, dt.$$  \hspace{1cm} (11)

where starred variables are always pseudo heat fluxes and $\bar{\alpha}$ is evaluated using the annual-mean mixed-layer temperature.

The equivalent heat flux $\mathcal{H}_\text{sub}$ driving the subduction over the few months of the effective subduction period is typically 5 to 10 W m$^{-2}$ of warming over the subtropical gyre and $-25$ to $-50$ W m$^{-2}$ of cooling over the subpolar gyre (Fig. 8). The entrainment into the deepening mixed layer along the Gulf Stream requires $-50$ to $-100$ W m$^{-2}$ of cooling, and the subduction on the southern flank of the Stream requires a heating of 10 W m$^{-2}$.

Observations show that the product of $h$ and $Q_b$ vary only by a factor of 2 over the subduction period, whereas they separately vary by almost an order of magnitude (Fig. 7). To estimate the error in $\mathcal{H}_\text{sub}$, we approximate the integral (11) by combining with (10):

$$\mathcal{H}_\text{sub} = \frac{1}{T_{\text{year}}} \int_{W_1}^{S_1} \mathcal{H}_\text{net} \, dt \sim \frac{\bar{\alpha}C_w}{\alpha T_{\text{eff}}} hQ_b S_{\text{ann}}.$$  

Ascribing an error of 40% to $hQ_b$ and using our previous estimate of a 30% error in $S_{\text{ann}}$ suggests an error in $\mathcal{H}_\text{sub}$ of $\sim 50\%$ or typically $\pm 5$ to $\pm 10$ W m$^{-2}$. This is somewhat smaller than the errors in the monthly fluxes, which are themselves at least $\pm 20$ W m$^{-2}$. Such uncertainties in $\mathcal{H}_\text{net}$ primarily affect our estimate of the subduction period, $T_{\text{eff}}$, which is probably in error by

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**Fig. 7.** The potential vorticity at the base of the mixed layer $Q_b$ (10$^{-9}$ m$^{-1}$ s$^{-1}$) during (a) March and (b) June computed from the Levitus climatology.

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**d. Diagnosing the heat flux during the subduction period**

The annual subduction is associated with a buoyancy flux $\mathcal{B}_\text{sub}$, which is given by the net buoyancy flux occurring over the effective subduction period:

**Fig. 8.** The heat flux $\mathcal{H}_\text{sub}$ (W m$^{-2}$) into the ocean that drives the subduction of fluid into the main thermocline; positive values are associated with subduction and negative values with entrainment.
4. The thermodynamics of subduction

We now discuss how the heat flux \( \Phi_{\text{sub}} \) is made available to the subduction process through the interplay of the atmospheric forcing and the seasonal cycle of the mixed layer. For simplicity, we couch our discussion in terms of the heat balance, but in the subsequent diagnostic calculations we consider the analogous buoyancy balance and take into account salinity changes from surface freshwater fluxes.

Let us follow a vertical column of mixed-layer fluid that is assumed to move barotropically (typical annual displacements are shown in Fig. 9); the advection of heat by the baroclinic shear is found to be relatively unimportant and is neglected here (see Appendix). Consider first the annual march, from winter \( (W_1) \) through spring \( (S_1) \) to the following winter \( (W_2) \), of a mixed layer. Assume that winter on winter, the mixed layer warms and shallows (as in Fig. 3b,c); the increase in heat content of the mixed layer and the seasonal thermocline is achieved by the surface heat fluxes and/or the convergence of Ekman heat fluxes. Let \( S_i \) be the time in the cycle when the mixed layer has the same temperature as its coldest value the following winter.

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**Fig. 9.** Mean displacement of fluid parcels in one year at a depth of 159 m from the model of Sarmiento and Bryan (1982) (displayed in Woods 1987).
\[ T_{S_1} = T_{W_2} > T_{W_1}. \]

Let us further assume that at both \( S_1 \) and \( W_1 \), temperature at the base of the mixed layer is continuous with that in the thermocline. Then this temperature \( T_{S_1} = T_{W_2} \) (which we shall write as \( T_s \)) defines the base of the seasonal thermocline: warmer water \( (T > T_s) \) is only temporarily subducted into the seasonal thermocline, whereas during the "effective" subduction period, cooler water \( (T_m < T_s) \) passes from the mixed layer into the permanent thermocline.

The net heat input into the mixed layer over the effective subduction period,

\[
\mathcal{H}_{\text{sub}} T_{\text{year}} = \int_{W_1}^{S_1} \mathcal{H}_{\text{net}} dt, \tag{12a}
\]

may be expressed in terms of the annual-mean heat input minus the heat input outside the subduction period,

\[
\int_{W_1}^{S_1} \mathcal{H}_{\text{net}} dt = \int_{W_1}^{W_2} \mathcal{H}_{\text{net}} dt - \int_{S_1}^{W_2} \mathcal{H}_{\text{net}} dt. \tag{12b}
\]

We consider two idealized cases; first a mixed-layer cycle in the absence of Ekman pumping but with an annual-mean heating and, second, with Ekman pumping but no annual-mean heating.

a. Annual-mean heating and no Ekman pumping

Let us assume that there is a net heating applied to the mixed layer over the annual cycle \( \mathcal{H}_{\text{net}} > 0 \) so that the mixed layer warms and shallows from \( W_1 \) to \( W_2 \) (Fig. 3b) leaving fluid behind and hence, resulting in subduction into the main thermocline; FP and Woods discuss this case.

Since the mixed layer has the same \( T \) and \( h \) and hence the same heat content at the times \( S_1 \) and \( W_2 \), then there is no heat input outside the subduction period. Consequently, the heat input supplied to the mixed layer over the subduction period, \( W_1 \) to \( S_1 \), is the same as that supplied from the annual-mean net heating and so (12) reduces to

\[ \mathcal{H}_{\text{sub}} = \mathcal{H}_{\text{net}}. \]

b. Ekman pumping and no annual-mean heating

Now let us consider how the heat balance is modified in the presence of Ekman pumping. Fluid particles now have a vertical motion and so, after subducting from the shallowing mixed layer in the spring, they slide down along sloping isopycnals into the thermocline (Fig. 3c). The convergence of the horizontal Ekman heat fluxes leads to a pumping down of warm waters from the Ekman layer into the thermocline. The crucial effect of this heat gain of the fluid column is that the mixed layer at \( W_2 \) becomes shallower and warmer than in the preceding winter \( W_1 \). It is this shallowing that results in subduction, a point emphasized by FP.

The heat input during the subduction period now depends on the annual-mean heat input minus the heat lost outside the subduction period (12b). So how do we compute this heat loss outside the subduction period and what is its physical significance?

Assuming that all the diabatic heat fluxes (including entrainment fluxes) are confined within the mixed layer and the seasonal thermocline, \( (T > T_s) \), then the heat balance following the water column is given by

\[
\bar{\rho} C_w \int_{z(t)}^{0} \left( \frac{\partial T}{\partial t} + w \frac{\partial T}{\partial z} \right) dz = \mathcal{H}_{\text{net}}, \tag{13}
\]

where \( z(t) \) is the depth of the isotherm \( T_s \).

Let us assume for simplicity that \( \partial w/\partial z = 0 \) within the mixed layer and the seasonal thermocline, that is, that the column is vertically nondivergent, with \( w(z) = w_{Ek} \), then

\[
\bar{\rho} C_w \int_{z(t)}^{0} \frac{\partial T}{\partial t} dz + w_{Ek}(T_m - T_s) = \mathcal{H}_{\text{net}},
\]

which (noting that \( \partial z/\partial t = w_{Ek} \)) may then be written as

\[
\bar{\rho} C_w \frac{\partial}{\partial t} \int_{z(t)}^{0} T dz = \mathcal{H}_{\text{net}} - \bar{\rho} C_w w_{Ek} T_m, \tag{14}
\]

where \( T_m \) is the mixed-layer temperature. Equation (14) is a statement of the heat content of the fluid column, from the surface down to the depth of the isotherm \( T_s \). Its physical context is perhaps best revealed by expanding \( \mathcal{H}_{\text{net}} = \mathcal{H}_{\text{in}} - \mathcal{H}_{\text{Ek}} \); on the right-hand side of (14) thus becomes

\[
\mathcal{H}_{\text{in}} - \bar{\rho} C_w (U_{Ek} \cdot \nabla T_m + w_{Ek} T_m). \tag{14}
\]

Here, \( \mathcal{H}_{\text{Ek}} = \bar{\rho} C_w U_{Ek} \cdot \nabla T_m \) is the heat flux balancing the Ekman drift, where \( U_{Ek} = -(k \times \tau)/(\bar{\rho} f) \) is the horizontal Ekman flux per unit horizontal length, and \( \bar{\rho} C_w w_{Ek} T_m \) is the heat flux due to the Ekman pumping of fluid from the mixed layer into the seasonal thermocline. The heat content can be changed by (i) heat fluxes through the sea surface, (ii) Ekman drift, and (iii) Ekman pumping. Since \( w_{Ek} = \nabla \cdot U_{Ek} \), the latter two terms can be combined, thus

\[
U_{Ek} \cdot \nabla T_m + w_{Ek} T_m = \nabla \cdot (U_{Ek} T_m) \tag{14}
\]

and represent simply the divergence of the horizontal Ekman heat fluxes. In our discussion, however, we prefer to distinguish between Ekman drift and pumping contributions because they represent distinct (although related) processes, and, furthermore, only \( \mathcal{H}_{\text{Ek}} \) appears in the subduction relation (8).

Returning now to (14), we integrate with respect to time outside the subduction period, \( S_1 \) to \( W_2 \), and noting that \( T_{S_1} = T_{W_2} = T_s \) at these limits of integration gives
\[(z_s(S_1) - z_s(W_2)) \bar{p} C_w T_s \]
\[= \int_{S_1}^{W_2} \mathcal{H}_{\text{net}} \, dt - \int_{S_1}^{W_2} \bar{p} C_w w_{\text{Ek}} T_m \, dt.\]

Furthermore, since \(z_s(S_1) - z_s(W_2) = \int_{S_1}^{W_2} w_{\text{Ek}} \, dt\),
\[\int_{S_1}^{W_2} \mathcal{H}_{\text{net}} \, dt = \int_{S_1}^{W_2} \bar{p} C_w w_{\text{Ek}} (T_m - T_s) \, dt.\] \hspace{1cm} (15a)

We see that heat must be lost outside the subduction period if there is Ekman pumping \(w_{\text{Ek}} < 0\); this loss cancels out the excess heat content of the fluid, with \(T > T_s\), pumped down from the warm summer Ekman layer into the seasonal thermocline. We write this heat flux as an annual-average flux \(\mathcal{H}_{\text{pump}}\) defined by
\[\mathcal{H}_{\text{pump}} T_{\text{year}} = \int_{S_1}^{W_2} \mathcal{H}_{\text{net}} \, dt.\] \hspace{1cm} (15b)

The effect of this pumping of warm water downward is that the mixed layer at \(W_2\) is warmer (and shallower) than the preceding winter \(W_1\). It is this warming that results in subduction. This crucial point can be made explicit as follows.

During the period \(S_1\) to \(W_2\), the Ekman pumping-induced warming is exactly compensated [see (15)] by a net heat loss, which is just sufficient to ensure that the mixed layer cools to the temperature \(T_s\) by \(W_2\). Thus, since in this thought experiment there is no net annual-mean heating,
\[\int_{S_1}^{W_1} \mathcal{H}_{\text{net}} \, dt + \int_{S_1}^{W_2} \mathcal{H}_{\text{net}} \, dt = 0,\]
and so in this case (12) reduces to
\[\mathcal{H}_{\text{sub}} = -\mathcal{H}_{\text{pump}}.\]

Thus, the warming of the mixed layer that is driving subduction during the effective subduction period exactly balances the heat loss occurring outside the effective subduction period: \(-\mathcal{H}_{\text{pump}}\) may be thought of as driving the subduction in the special case when \(\mathcal{H}_{\text{net}} = 0\).

In the general case where there is an annual net heat flux and Ekman pumping, the heat flux driving subduction is given by
\[\mathcal{H}_{\text{sub}} = \mathcal{H}_{\text{net}} - \mathcal{H}_{\text{pump}}.\] \hspace{1cm} (16)

Using typical values of \(w_{\text{Ek}} = 10^{-9} \text{ m s}^{-1} (\sim 30 \text{ m yr}^{-1})\) and a summer maximum of \(T_m - T_s = 5^\circ \text{C}\) suggests that the heat flux \(-\mathcal{H}_{\text{pump}}\) reaches 20 W m\(^{-2}\) of warming. This is comparable to the annual-mean net heat flux into the ocean \(\mathcal{H}_{\text{net}}\).

\section{5. Diagnosing the contributions to the heat flux during subduction}

We wish to determine the relative contributions of \(\mathcal{H}_{\text{net}}\) and \(\mathcal{H}_{\text{pump}}\) to \(\mathcal{H}_{\text{sub}}\) from climatological data:
\[\mathcal{H}_{\text{sub}} = \mathcal{H}_{\text{net}} - \mathcal{H}_{\text{pump}}.\]

Again, to avoid confusion, the * is used to represent \textit{pseudo} heat fluxes (rescaled buoyancy fluxes). The preceding relation is appropriate for a Lagrangian frame, but for diagnostic purposes we adopt an Eulerian frame, a reasonable approximation provided that the spatial scale over which the buoyancy fluxes vary is much greater than the distance that fluid columns move over a year. Over the interior of the subtropical gyre, fluid parcels are displaced by typically \(\sim 500 \text{ km}\) (Fig. 9), but in the vicinity of the Gulf Stream, displacements are considerably greater, and fluxes vary over comparable distances. Thus, errors in an Eulerian calculation may be expected to be large over the Gulf Stream and near the zero line of net annual buoyancy gain where there are large gradients.

We now discuss the various terms contributing to the thermal forcing of the mixed layer, and then examine the separate contributions to the heat balance (16).

\subsection{a. Terms contributing to the annual net heat flux}

\subsubsection{1) The annual surface heat flux}

The surface heat flux results from the imbalance between solar, net infrared, latent, and sensible heat fluxes over the year. The seasonal cycle in the surface heat flux induces the mixed-layer cycle of deepening and shallowing.

According to the Isem er and Hasse climatology\(^3\), there is a small annual heat input into the subtropical gyre (a few W m\(^{-2}\)) and a cooling of typically \(-25\) to \(-50\) W m\(^{-2}\) over the subpolar gyre (Fig. 10a). The signature of the Gulf Stream is particularly apparent as the region of maximum heat loss of typically \(-200\) W m\(^{-2}\). The errors in this climatology are substantial, and at least \(\pm 20\) W m\(^{-2}\). They ultimately limit our attempt to separate \(\mathcal{H}_{\text{sub}}\) into component parts.

The solar heat flux penetrating below the winter mixed layer reaches \(1\) W m\(^{-2}\) in the subtropical gyre or a maximum of \(10\) W m\(^{-2}\) in the tropics where there is a shallow mixed layer, and is thus neglected here.

\subsubsection{2) The annual surface water flux}

The surface buoyancy flux into the ocean depends upon the surface water flux, as well as the surface heat

\(^3\) Isem er and Hasse estimate that the annual surface heat loss over the North Atlantic south of \(65^\circ \text{N}\) is \(-17\) W m\(^{-2}\), whereas it is only \(-4\) W m\(^{-2}\) in the original Bunker (1976) fields. They argue that the Bunker (1976) climatology implies a zonally averaged, meridional, oceanic heat transport at \(25^\circ \text{N}\) of only 0.8 PW (1 PW = \(10^{15}\) W), whereas a larger value of 1.2 PW is suggested by Hall and Bryden (1982) and Wunsch (1984) using independent observations. Isem er and Hasse therefore modify the original Bunker (1976) climatology by adjusting cloud amount, wind speed, transfer coefficients, and air–sea temperature difference, so as to imply a meridional heat transport of 1 PW; however, note that the Bunker (1988) climatology with smaller net infrared fluxes is also consistent with 1 PW at \(25^\circ \text{N}\).
over the southern and eastern parts of the subtropical gyre (Fig. 10a,b).

3) THE ANNUAL EKMAN-DRIFT HEAT FLUX

The Ekman heat flux is that flux absorbed by the cross-isopycnal Ekman drift (7):

$$\mathcal{F}_{\text{Ek}}^* = \frac{C_w}{\alpha \rho_f} \mathbf{k} \times \mathbf{\tau} \cdot \nabla \rho_m.$$

The annual-mean Ekman flux is calculated from the annual mean of the monthly values using the wind stress from Ismer and Hasse and the mixed-layer density from Levitus.

The wind stress drives an annual-mean Ekman drift into warmer regions north of 30°N, which requires an effective heating of 10 W m⁻² (Fig. 11). Over the southern part of the subtropical gyre, the northward Ekman drift requires an effective cooling, which becomes particularly strong south of 20°N where the horizontal density gradient is large and the Coriolis parameter is small. Over the tropics, Behringer and Stommel (1981) also show a northward Ekman drift and, in their annual heat budget, they deduce that it must be almost entirely compensated by a surface buoyancy loss.

b. The heat flux driving subduction

We now compute $\mathcal{F}_{\text{sub}}^*$ directly from the separate contributions of $\mathcal{F}_{\text{net}}^*$ and $\mathcal{F}_{\text{pump}}^*$, and compare with our dynamical estimate shown in Fig. 8.

1) THE ANNUAL-MEAN NET HEAT FLUX

The equivalent annual-mean net heat flux is calculated from the annual-mean contributions of surface heat and water fluxes, minus the Ekman flux

$$\mathcal{F}_{\text{salt}}^* = -C_w \beta_s \mathcal{S}_{\text{in}} / \bar{\alpha},$$

where the salt flux is calculated from the evaporation of Bunker (1976) and the precipitation of Dorman and Bourke (1981). Over most of the subtropical gyre, evaporation exceeds precipitation giving a net surface water loss of $\sim 0.75$ m yr⁻¹, which leads to a buoyancy loss equivalent to $-5$ to $-10$ W m⁻² of cooling (Fig. 10b). North of 45°N and south of 10°N, precipitation exceeds evaporation and there is a corresponding buoyancy input. Comparing the fields of $\mathcal{F}_{\text{in}}^*$ and $\mathcal{F}_{\text{salt}}^*$ shows that they are comparable to each other

FIG. 10. (a) The annual-mean surface heat flux $\mathcal{F}_{\text{in}}^*$ (W m⁻²) from the Ismer and Hasse (1987) climatology; positive values indicate a heat flux into the ocean. (b) The annual-mean equivalent heat flux $\mathcal{F}_{\text{salt}}^*$ (W m⁻²) associated with freshwater fluxes derived from the Schmitt et al. (1989) climatology.

FIG. 11. The annual-mean heat flux $\mathcal{F}_{\text{sub}}^* = (C_w / \alpha \rho_f) \mathbf{k} \times \mathbf{\tau} \cdot \nabla \rho_m$, taken up into the Ekman drift (in W m⁻²).
\[ \mathcal{H}_{\text{net}} = \mathcal{H}_{\text{in}} + \mathcal{H}_{\text{salt}} - \mathcal{H}_{\text{Ek}}, \]

and is plotted in Fig. 12. There is a net heat loss over most of the subtropical gyre and all of the subpolar gyre. We note, however, that the subduction field derived from the independent kinematic relation requires a small heat input over the subtropical gyre (see \( \mathcal{H}_{\text{sub}} \) in Fig. 8).

Over the interior of the subtropical gyre, the mismatch between \( \mathcal{H}_{\text{sub}} \) and \( \mathcal{H}_{\text{net}} \) is typically 20 W m\(^{-2}\) (see Fig. 15a where the difference field is plotted). Due to the large errors in the fluxes, particularly \( \mathcal{H}_{\text{net}} \), this difference could be attributed to large systematic errors; however, we believe that this difference has a physical significance and is, at least in part, a signature of \( \mathcal{H}_{\text{pump}} \). We now compute \( \mathcal{H}_{\text{pump}} \) and the difference field, \( \mathcal{H}_{\text{net}} - \mathcal{H}_{\text{pump}} \), which ought to balance \( \mathcal{H}_{\text{sub}} \) [see (16)].

2) THE NET HEAT FLUX OUTSIDE THE SUBDUCTION PERIOD

The net heat flux outside the subduction period (15), balancing the Ekman pumping of buoyant fluid into the seasonal thermocline, is diagnosed here using

\[ \mathcal{H}_{\text{pump}} = \frac{C_w}{\alpha T_{\text{year}}} \int_{S_1}^{S_2} w_{\text{Ek}}[\rho_S - \rho_m(t)] dt \]

and can be computed using the subduction period, the monthly values of \( w_{\text{Ek}} \) and mixed-layer density \( \rho_m \) and \( \rho_S \), the mixed-layer density at the end of winter, from the Levitus climatology.

We show the heat flux \( -\mathcal{H}_{\text{pump}} \) in Fig. 13. In the subtropical gyre, \( -\mathcal{H}_{\text{pump}} \) reaches 20 W m\(^{-2}\) of warming, as is required to support subduction. Even though there is a large seasonal density cycle here, \( \mathcal{H}_{\text{pump}} \) is smaller in magnitude in the subtropics because the subduction period lengthens and thus reduces the period of time \( \mathcal{H}_{\text{pump}} \) has to act. In the subpolar gyre, \( -\mathcal{H}_{\text{pump}} \) only gives a heat flux of –5 W m\(^{-2}\) due to the smaller seasonal density cycle at higher latitudes. We see that the sign and magnitude of \( \mathcal{H}_{\text{pump}} \) is such that it acts to reduce the difference between \( \mathcal{H}_{\text{sub}} \) and \( \mathcal{H}_{\text{net}} \).

3) COMPARISON WITH THE HEAT FLUX-DRIVEN SUBDUCTION

We plot \( \mathcal{H}_{\text{net}} - \mathcal{H}_{\text{pump}} \) in Fig. 14, which ought to balance our independent estimate of \( \mathcal{H}_{\text{sub}} \) [see (16)]. Using the Isenman and Haase climatology, there is a net heat loss \( \mathcal{H}_{\text{net}} \) over most of the subtropical gyre and...
the entire subpolar gyre. However, the contribution from $H_{\text{pump}}$ leads to $H_{\text{net}} - H_{\text{pump}}$ being positive over most of the subtropical gyre (Fig. 14) with the zero contour displaced northward by up to 15°, compared with the annual-mean net heat flux (Fig. 12). Figure 14 is consistent with subduction, rather than entrainment, over most of the subtropical gyre.

Over the interior of the subtropical gyre, the difference between the independent estimates of $H_{\text{sub}}$, in Fig. 8 from the kinematic calculation and that deduced in Fig. 14 from the surface fluxes and the seasonal cycle, $H_{\text{net}} - H_{\text{pump}}$, is now typically $\pm 10$ W m$^{-2}$ (Fig. 15b). These differences are smaller in magnitude and, moreover, horizontal scale than those implied if $H_{\text{pump}}$ is ignored. We suggest that the remaining differences over the interior of the subtropical gyre are principally due to regional errors in $H_{\text{net}}$ of at least $\pm 20$ W m$^{-2}$, with the errors in $H_{\text{sub}}$ and $H_{\text{pump}}$ being somewhat smaller.

Over the Gulf Stream, much larger discrepancies are found reaching 75 W m$^{-2}$; $H_{\text{net}} - H_{\text{pump}}$ implies a large heat loss suggesting much more entrainment than is found in the kinematic calculation (Fig. 14b). This may be a consequence of using climatologies that smear out the Gulf Stream, but may also be due to the surface heat loss being partly compensated by geostrophic eddy heat flux divergences which cannot be neglected here; the vigorous eddy field tends to flux warm fluid into the Gulf Stream region and this term is not included in our heat budget for the mixed layer.

It is interesting to note that the reduced rate of subduction in the northeastern part of the subtropical gyre (Fig. 5d) appears to be consistent with a tongue of low buoyancy fluxes extending southwestward from the zero line west of Portugal (Fig. 14). This is probably due to the strong, dry trade winds decreasing the buoyancy input into the ocean (see Fig. 10a,b) and so reducing the subduction of fluid here.

6. Conclusions

The annual subduction rate over the North Atlantic has been diagnosed from climatological data. The terms in the kinematic definition of $S$ have been evaluated from hydrographic data by computing the flux across the surface defined by the base of the winter mixed layer assuming a level of no motion at 2.5 km and linear vorticity balance. The effective subduction period has been obtained from hydrography and climatological fluxes of buoyancy exploiting our understanding of the thermodynamics of the seasonal mixed-layer cycle and its role in controlling the annual subduction rate.

The subduction rates reach 100 m yr$^{-1}$ over the subtropical gyre, typically twice the Ekman pumping. The enhancement over and above that due to Ekman pumping is due to the lateral induction of fluid through the sloping base of the mixed layer. In the subpolar gyre, entrainment rates reach 300 m yr$^{-1}$ or more over wide areas and are associated with the advection of fluid by the cyclonic gyre into the mixed-layer deepening to the north.

The effective subduction period is short, only $\sim$2 months, over most of the subtropical gyre, lengthening to 4 months in the tropics.

A definitive discussion and illustration of the thermodynamic process associated with subduction is made difficult by the large uncertainty in the climatology of the surface heat and momentum fluxes. However, despite these errors, we are able to obtain a consistent picture in which the pumping down of fluid from the warm summer Ekman layer into the seasonal thermocline leads to the warming and shallowing of the mixed layer driving the subduction process.

Finally, our kinematic diagnostics of $S_{\text{mix}}$ combined with an understanding of the seasonal cycle of the mixed layer could provide strong additional constraints on the surface heat and momentum fluxes, which are
presently notoriously difficult to estimate with any certainty.

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APPENDIX

Baroclinic Advection

The discussion in section 4 assumes that we are following the barotropic motion of a fluid column. However, by thermal wind, there must be baroclinic shear in the top few hundred meters, so fluid columns tilt sideways as they move. If we still wish to follow a vertical column, it can no longer be a material column, and we must include baroclinic advection terms in the heat budget. We find, however, that these terms are small and generally negligible.

Let us first define a little more precisely the velocity of our vertical column. Over the period $W_1$ to $S_1$ (the effective subduction period) we move with the geostrophic velocity $u_b$ just below the mixed layer. Over the 'summer' period $S_1$ to $W_2$ we track the fluid parcel with temperature $T_s$, that is subducted at a time $S_1$ and just reentrained at $W_2$. We suppose this particle moves with velocity $u_b$.

Over the effective subduction period, $W_1$ to $S_1$, the following baroclinic advection term apparently appears in the heat budget of the mixed layer:

$$
\bar{\rho} C_w \int_{-h}^{0} u' \cdot \nabla T_m dz,
$$

where $u' = u - u_b$, is the deviation of the horizontal velocity from the column velocity. However, since $\nabla T$ (and hence, by thermal wind, $\partial u' / \partial z$) does not vary with depth within the mixed layer, then

$$
u' = k \times \nabla T_m(z + h) \perp \nabla T_m.
$$

and this term vanishes; this was used to derive Eq. (5).

However, outside the subduction period, this baroclinic advection term does contribute to the heat balance because we now integrate over the seasonal thermocline within which $\nabla T$ may change direction. However, so long as $\nabla T$ does not change too rapidly, this term remains small.

Let us estimate the magnitude of the baroclinic advection term, compared with the heat fluxes, $\mathcal{H}_{\text{net}}$ and $\mathcal{H}_{\text{pump}}$, which may typically reach 20 W m$^{-2}$. At any instant

$$
\mathcal{H}_{\text{adv}} = \bar{\rho} C_w \int_{z_t}^{-h} u' \cdot \nabla T dz,
$$

where now $u' = u - u_s$. Assuming that the thickness of the seasonal thermocline, $z_t - h$, reaches 100 m, $\nabla T \sim 10^{-6}$ °C m$^{-1}$, and the component of $u'$ parallel to $\nabla T \sim 1$ cm s$^{-1}$, then the instantaneous $\mathcal{H}_{\text{adv}} \sim 4$ W m$^{-2}$. Therefore, we can neglect $\mathcal{H}_{\text{adv}}$ as it is much smaller than the annual-mean values of $\mathcal{H}_{\text{net}}$ and $\mathcal{H}_{\text{pump}}$.

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